

## OVERVIEW OF SERVICES

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Peak Behavioral Health offers community-based mental health services to individuals in East Baton Rouge Parish, West Baton Rouge Parish, Iberville, Ascension, East Feliciana and West Feliciana.

## OTHER SERVICES OFFERED

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- Transportation Coordination
- Parenting Classes
- Referrals for Substance Abuse Counseling



## BEHAVIORAL HEALTH SERVICES

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- Person-Centered Assessments
- Evidence Based Treatment Plans
- One-on-One Therapy Sessions
- Peer Groups
- Convenient Doctor Days
- Medication Management

## INDEPENDENT LIVING SKILLS/ SKILLS BUILDING

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This program is geared to assist high risk youth and children (typically ages 14-21\*\*) to learn the necessary skills needed to function independently within society. An individualized assessment is done to determine exactly what you may need assistance with before entering adulthood:

- Self-care/Daily Living Activities
- Home Life
- Social Skills
- Coping Skills
- Home & Money Management
- Career Planning

**\*\*Age range may vary,  
depending on insurance carrier**



## WHO QUALIFIES?

Children (under 13)  
Adolescents (ages 13 – 17)  
Adults (18 and older)

## PAYMENT OPTIONS

Medicaid (Bayou Health Plans)  
Medicare\*  
Private Insurances\*  
Cash

\*If you are unsure of coverage, please call 225.368.7502.  
PEAK may qualify to offer out-of-network services

## OUR MISSION



Life is challenging enough without having to deal with mental illness alone. That's why Peak Behavioral Health is here to offer the services you need to get your life back on track. Our staff is trained to develop an individualized plan that meets your specific needs, at the pace that works best for you.



## WHAT'S NEEDED TO START

You may send a referral from your private physician or simply contact our local office at 225.368.7502 to schedule an appointment to determine if you qualify for services. If you are currently enrolled in services offered by DCFS or OJJ, ask your case manager to reach out to our office and we will take care of the rest. We also accept referrals from the Department of Education and family and/or concerned citizens\*

(\*for ILSB Services)

## AGENCY REPRESENTATIVE

### CONTACT INFO

4919 Jamestown Ave. Ste. 101 D  
Baton Rouge, LA 70808  
225.368.7503 Ph. 225.612.6347 Fax  
peakbehavioralhealthbr@gmail.com

Call Today!

 225.368.7502

[www.peakbhs.com](http://www.peakbhs.com)



“Mental illness is not a choice,  
but a **healthy** recovery is.”

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